

How M-O Maneuver Connects Pregnancy to Nausea

1 Pregnancy changes tissue support

The body becomes more flexible as it prepares for pregnancy and birth. The flexibility can make some joints easier to displace from their ideal working position.

2 The Skeleton loses its ideal orientation

An ultra-specific directional shift can occur with the orientation of the mother's skeletal geometry.

The shift may be slight, but the location is neurologically important.

3 The nervous system must compensate

The body works constantly to keep the eyes level, the head balanced and the brain oriented to gravity. A disturbed foundation creates extra demand in this system.

4 Nausea becomes the signal

Within the M-O Maneuver model, morning sickness is the body's response to the disturbed orientation of the skeletal opposition to gravity during pregnancy.

5 The M-O Maneuver restores the relationship

A low-force, direction-specific correction returns the skull toward its intended position. When the responsible head orientation is restored, the nausea generally resolves.



Dallas Wellness For MOMS

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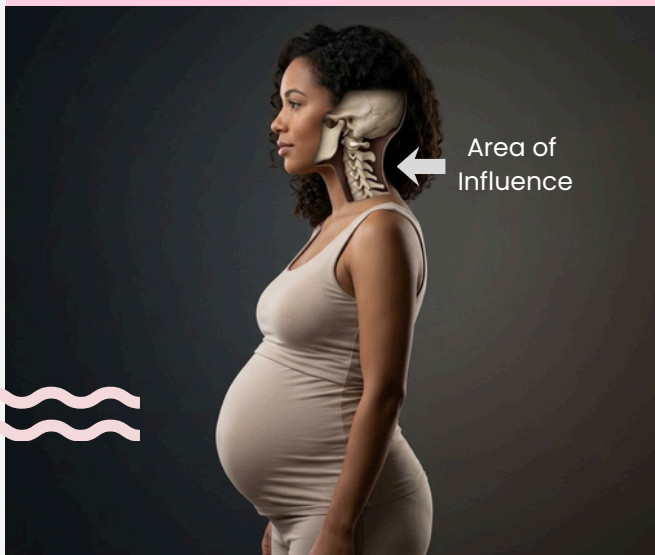


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M-O Maneuver Maternal Orientation Maneuver



Dallas
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M-O MANEUVER FOR MORNING SICKNESS PATIENT PAMPHLET

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Morning sickness may not be something you simply have to endure.

Pregnancy changes the body in many ways. One of those changes may leave the joints and supporting tissues more vulnerable, allowing the skull to lose its ideal position on the spine. MOMS evaluates that relationships and, when needed, restores it with gentle MO Maneuver.

(Maternal Orientation Maneuver)

Gentle by design.

Experience shown to be effective clinically with relief often beginning quickly and progressing to complete cessation of nausea with no reported treatment side effects.

*MO Maneuver for pregnant women.
Maternal Orientation Maneuver*



When to Consider MOMS

Consider a MOMS evaluation when:

1. Nausea begins during pregnancy.
2. When current approaches have not provided acceptable relief, or
3. You simply want to know whether a Maternal Orientation (MOMS) may be contributing.



Why Women Choose MO-Maneuver

- A drug free, low- force approach
- A gentle procedure designed specifically around skeletal orientation
- A response that can often be evaluated during the first visit
- Extensive clinical experience with highly consistent results
- An approach the complements - not replaces- prenatal care

The M-O Maneuver is gentle, precise and guided by the individual woman's skeletal geometry. The force is kept low because the **GOAL** is simply to overcome a small directional error.

A same- visit answer : You will not be asked to wait weeks to learn whether the correction helped. The changed is assessed before the visit is over.



Take the Next Step



**DALLAS WELLNESS ·
NEURO-SKELETAL GEOMETRY
BY
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What to Expect

The Visit is focused and designed around the patients comfort. The M-O Maneuver is not a general chiropractic treatment. It looks for one specific structural relationship.

1. A conversation about when the nausea began & how it affects your day to day function
2. A visual check of postural position, balance & opposition to gravity
3. Gentle examination of how the skeletal geometry has changed
4. Identification of the exact direction of the structural shift
5. Comfortable positioning throughout the evaluation
6. The low-force M-O Maneuver only when the M-O Maneuver pattern is present
7. Immediate reassessment of the skeletal positioning
8. Assessing patient response